



Date: Wednesday, 1 February 2017

Time: 10.00 am

Venue: Shrewsbury/Oswestry Room, Shirehall, Abbey Foregate, Shrewsbury, Shropshire, SY2 6ND

Contact: Tim Ward, Committee Officer  
Tel: 01743 257713  
Email: [tim.ward@shropshire.gov.uk](mailto:tim.ward@shropshire.gov.uk)

## YOUNG PEOPLE'S SCRUTINY COMMITTEE

### TO FOLLOW REPORT (S)

#### **9 CAMHS Update (Pages 1 - 4)** Report to follow marked 9

**This page is intentionally left blank**



<u>Committee and Date</u> Young People's Scrutiny Committee  1 February 2017  10.00am
---

<u>Item</u>  <b>9</b>  <u>Public</u>
--

## **Child and Adolescent Mental Health Services (CAMHS) Update**

### **Responsible Officer**

Email: Julie.davies47@shropshireccg.nhs.uk Tel: 01743 277540

### **1. Summary**

The purpose of this report is to update the group on the current position of the Child and Adolescent Mental Health Services (CAMHS) in Shropshire.

### **2. Recommendations**

Members are asked to note the content of this report.

## **REPORT**

### **3. Risk Assessment and Opportunities Appraisal**

The following initiatives aim to reduce health inequalities across the specified geography, to improve access and uptake of services to improve the mental health of children and young people across the county.

### **4. Financial Implications**

Funding for the Shropshire, transformational plan (for Children's and Young People's Mental Health and Wellbeing) has been supported by NHS England and funding identified for this local investment.

## **5.1 Programmes of transformation**

The programme is centred on six key initiatives which aim to ensure integrated working. Since 23<sup>rd</sup> April 2016, the following progress has been achieved.

### **5.1.2. Programme One: 0-25 Emotional Health and Wellbeing Service**

The procurement for the Emotional Health & Wellbeing Service has been completed. The contract awarded to South Staffordshire and Shropshire Foundation Trust (SSSFT) who will act as the lead in a partnership of organisations made up of Shropshire Community NHS Trust (the existing provider), Kooth (an online service that offers emotional and mental health support for children and young people), Healios (specialists in online counselling) and The Children's Society. The new service will commence on the 1<sup>st</sup> of May 2017.

During the transition service provision and quality will be maintained. The incumbent provider is part of the new partnership and will continue to provide a large proportion of the new service; therefore any risk around handover of patients will be mitigated.

A project group (consisting of; commissioners from both Shropshire and Telford and Wrekin CCGs and LAs, GP, Quality professionals, parent/carer representatives and children and young people) that was established to develop the new service has now become the Implementation Assurance Group. The remit of this group is to ensure the new service is set up to deliver the quality outcomes set out in the procurement.

The partnership led by SSSFT have also established an implementation group for the providers of the new service, they have met twice, December and January.

A dedicated project manager is in post leading the implementation for commissioners (Tim Cullinan; Telford & Wrekin CCG) and provider (Debbie Llewellyn-Sims; SSSFT) to ensure a smooth transition into the new service. Tim is a member of the provider implementation board and will routinely provide feedback to the commissioner Implementation Assurance Group.

In addition to this work the lead commissioner is working with both the current and new provider to reduce waiting lists. This continues to be funded from the CAMHS transformation monies. It is hoped that the plan, with clear timelines, will be agreed at the end of January 2017

### **5.1.3 Programme 2: Redesign of Neurodevelopmental pathways**

The redesign of services has been subsumed within programme one. The Trust is working to reduce waiting times and whilst they have made some progress it is not as quick as hoped. This will form part of the plan to reduce overall waiting times with the new provider.

### **5.1.4. Programme Three: Development programme for workers in universal services**

Universal training continues including Mental Health First Aid and STORM. Links will need to be made with the new service to dovetail training programmes to meet the needs of all professionals working with children and young people to support emotional health and well-being. Currently the governance for this sits outside of the Implementation Assurance Group therefore a project plan addressing the continuation and sustainability of this work will be completed by the end of January.

### **5.1.5. Programme Four: Eating Disorders Services**

The new service is meeting required performance metrics. The eating disorder service will be included in the new 0-25 service from May 1<sup>st</sup>

### **5.1.6. Initiative Five: Psychiatric Services**

Three new crisis workers are now in post to deliver the new model. The Trust will be recruiting more staff to make up the full complement. Again this will become part of the new service from May 2017.

### **5.1.7. Initiative Six: Improved Perinatal Services**

Antenatal Solihull Parenting programmes have been rolled out across the County since September 2016.

On-line Antenatal Solihull uptake is also increasing for those parents/partners that have been unable to attend a group session.

All Health Visitors have received 3 days training. This included effective assessment, identification and early intervention and referral to specialist services as required for perinatal mental health. Early interventions that can be delivered by health visitors these include low level cognitive behavioural therapy and self-help for mild-moderate depression/anxiety, as well as referral to specialist services as required. Attendance at the Perinatal Mental Health Network chaired by Maternity has been increased and broadened. Now have representation at the Regional Perinatal Mental Health Network and this has been offered to all related professionals.

Midwifery are in the process of identifying lead midwives in localities for perinatal mental health and also identifying appropriate training to upskill these members of staff.

As with programme three, presently the governance for this sits outside of the Implementation Assurance Group therefore a project plan addressing the continuation and sustainability of this work will be completed by the end of January.

## 6. Conclusion

There has been considerable work to-date and the focus is now on implementation and reduction of the waiting lists. In addition the success of programme 3 and 6 needs to be planned to ensure their continuation and sustainability.

## 7. Additional Information

Should any members of the committee have any further queries relating to this report, please do not hesitate to contact either one of the authors listed below.

<b>List of Background Papers (This MUST be completed for all reports, but does not include items containing exempt or confidential information)</b>
Child and Adolescent Mental Health Services (CAMHS) update – report by Richard Kubilius, Shropshire CCG.
<b>Cabinet Member (Portfolio Holder)</b>
<b>Local Member</b>
<b>Appendices</b>